



ALLORAH'S INSIGHTS

December 28, 2010

I've heard it said that God always makes a way. Sometimes, though, that way can be rough passage. In Greek mythology, Lethe and Mnemosyne are archetypes of forgetfulness and memory. Lethe is the river of forgetfulness in the Underworld of Hades (and a goddess by some accounts) and Mnemosyne is a goddess of memory. I have been dancing with these two ladies, trying to strike a balance with them that would support my path in a kinder more gentle way.

On some level we all have (and can access) memory of everything we have ever experienced; yet, it is not wise to consciously recall every detail of everything because some of our history is too much to bear or may simply just confuse the issue. The challenge is that we evolve by working our way through the fields laid by our past deeds and experiences; and therefore, some memory is necessary to accomplish evolution. I propose that we must find a healthy balance between remembrance and release to best serve our path.

If you accept that reincarnation is real, then you probably have a sense that much of what we have been dealt in this life is a result of (or at least influenced by) business from other lives. At the same time what we do in this lifetime influences what we will experience in the "next" life. I use the terms "other" and "next" because, strictly speaking, these energies can affect us regardless of chronological time; we get a feel for what this looks like in time travel stories. It's nice to know that we can look ahead as well as behind for clues to success. And, just as in a time travel story, we are able to tap into our gifts and memories without being slaves to the linear expression of time. This is helpful to note because throughout our various incarnations, we develop talents and traits that are meant to serve our growth and make our lives better. If, for example, we have had many lives in religious service and as a result we have developed a natural affinity for connecting to Spirit, then we are better prepared to face the challenges that require faith. The key, of course, is to remember to incorporate said skill so that we can move gracefully through our current experience.

We all have many talents and I believe that we develop these talents in order to meet a challenge. Spirit sets up specific situations through which we develop what is needed for the test. Guidance has been very vocal about finding and using the gifts we have taken so many lifetimes to develop. Day after day I am asked to help my clients reconnect with the inner tools they have developed through their various incarnations. Additionally, information concerning another lifetime will present itself in order to help the client (or myself) have a point of reference that can offer insight regarding the issue at hand. Sometimes the issue at hand stems from a misunderstanding or misinterpreting of a prior event. Other times, the cause of duress arises because we are still trying to apply old outmoded principles to our current experience; or, we are being reminded of a talent that can be applied at the current time.

My personal experience with the re-activation and re-integration my gifts is an interesting and intense process because it is causing me to go deep within and beyond the traditionally perceived constructs of time and space. This excavation is producing both beautiful abilities and also some not so fun memories of past experience. With regard to the memories, I am better able review those experiences because I am actively applying the abilities. I am grateful that I am able to find a harmony between reactivating my gifts and coming to terms with the memories. One of the benefits of healing my understanding is that I am finding innovative ways to apply these innate talents and focus them upon the life I am hoping to create.

I saw Tron: Legacy this past weekend and I was encouraged by the bits of wisdom my wandering mind picked up. In Tron: Legacy they refer to a species which they call "Isos" and to my way of thinking the "Iso" species represents our first incarnation before the spell of forgetfulness starts to take effect. It seemed the "Isos" still remember that they are expressions of the divine and as a result, they understand that all the answers are within each of us. I believe that we all still have our "Iso" nature within us. If we could tap into that part of ourselves and learn how to use it, living would be so much easier and our growth would be so much more effortlessly effective. The beautiful thing is that there are tools all around us to help us activate our inner "Iso" so that we may get our groove on in a grace filled way. My suggestion would be to start by changing the word "Iso" with the words "I Am."

In Chapter VI of LIFE & TEACHING of the Masters of the Far East Volume 2, Baird T. Spalding refers to "a set of selective brain cells that receive, record and fix the vibrations of the thoughts and activities of Divine Mind, wherein all the true vibrations are created and sent out." When we remember our "I Am" presence, we allow our divine nature to take charge of the situation and the garbage in/ garbage out paradigm can be neutralized because we are not putting garbage in.

In this week's picks, I'm including a version of the violet ray exercise I've been using on a daily basis.

Namaste,
Allorah